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May 2015

FUND ALLOCATION PROCESS PROVIDES FISCAL RESPONSIBILITY



Greg Gaffke, Chairman

Remembering back to when I was a youngster, having an allowance meant that I could hopefully save enough money to purchase a popular toy, but I usually ended up buying more Superman comics and my favorite Hershey almond candy bars. As I grew a little older, it was the movies, fast food and just like Ralphie, I wanted the Red Ryder BB gun. Seeing now that my wants were starting to overshadow available resources, it was time to ask the household banker for an increase in my al-

lowance. With four other siblings in the family, I knew full well this banker was not going to be an easy pushover without providing sufficient justification. So, with promises of mowing the lawn more often, cleaning up after the family pet and frequent car washes for our station wagon, I pled my case for the upward adjustment. Unfortunately, Banker Dad decided that while the promises of the additional chores were admirable, the current allowance was still justified. What followed this discussion was a quick life lesson on money management or, now referred to as “fiscal responsibility”. Bottom line, I was complimented for doing a good job but my request resulted in level funding! Just like my allowance from years past, as Chairman of the United Way Board of Directors, I understand I have a fiduciary respon-

sibility to the community to ensure all United Way partner agencies practice sound fiscal responsibility of the funding they receive from the United Way on behalf of our generous community.

The Fund Allocation process is an annual volunteer-driven process that ensures transparency and accountability to United Way donors. The process begins with volunteers from the Finance & Audit Committee and Strategic Funding Committee providing financial oversight and recommendations to the United Way Board of Directors regarding agency funding and one-time grants.

United Way of Central Missouri partner agencies must reapply for partnership each year through the Fund Allocation process. Agencies must not only justify their current funding level, but also substantiate requested alloca-

tion increases. Over 70 volunteers make up the five panels which review applications for partner agencies, initiatives or

agency leaders and board members. Panel members review and scrutinize agency applications to ensure goals have been

to the United Way Annual Community Campaign. Once agency funding levels are approved for the upcoming year by the Board of Directors, the United Way embarks on the annual fundraising campaign. Without the loyal support of so many volunteers and our generous individual donors and the business community, the United Way would not be able to raise the dollars that are so vital to sustain our commitment each year to our partner agencies. Our dedicated professional United Way staff is our “in-house” watchdog for your generous contributions, and we back up our fiscal responsibility with a certified annual audit.

I extend a huge “THANK YOU” to central Missouri for allowing us the opportunity to serve the needs of our community through your United Way of Central Missouri.



programs. Each panel is led by volunteer co-chairs with up to fifteen community volunteers. Panels meet one time each week for five weeks to review agency financials and applications, tour agency facilities, and have face-to-face discussions with the

accomplished along with program objectives. The panel volunteers must determine if fiscal responsibility and efficient operations dictate level funding, decreased funding or, if an increase is justified.

The Fund Allocation process is the precursor

GIVING TO UNITED WAY IS SERVING YOUR COMMUNITY

“Going once, going twice, and sold!” screamed Andy Fechtel during Huber & Associates’ Pacesetter kickoff live auction event this past summer. The auction gave Huber employees the opportunity to bid on a variety of items, such as: golf outings with the CEO, a dinner cruise, gourmet goodie baskets made by one of Huber’s own, and even a trip to Mexico!

“Two of our core values are ‘service’ and ‘fun,’” says Huber COO, Brent Christensen. “Being a Pacesetter for the United Way gives us the ability to live out those values in a real and tangible way. We love getting our employees involved to have a meaningful impact on our community.”

Huber & Associates is proud to be a supporter of the United Way of Central Missouri



because we believe in serving others. Serving our clients, co-workers, families, and community is at the heart of what we do each and every day. Participating in the United Way campaign is not only fun, but it also becomes a competitive, team-building experience for our employees. Last

year, our employees raised \$17,157 and with Elizabeth and Jim Huber’s generous matching donation, Huber & Associates contributed \$34,314 to the campaign. As a result, we were awarded the 2014 Outstanding Pacesetter Award!

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LOOKING FOR A FEW MORE GOOD MEN AND WOMEN



Ann Bax, President
Copyright Travis Duncan Photography

If you were looking back over the past year, what changes have to have happened in our community for you to feel we have made progress? Is it less hungry people, greater access to medical and dental care, more seniors able to stay self-sufficient in their homes, more Bigs for our Littles who need mentors?

The good news is we are making progress! We are making progress thanks to this caring community and the army of volunteers that give of their time and talent right here in our own backyard.

Would you like to be part of the solution and help affect continued positive change in our community? One opportunity to be a part of this positive progress is to become a member of the United Way of Central Missouri’s Campaign Leadership Team. This team is comprised of community leaders who roll up their sleeves and put their vision for a better community into action. Up to fifty community leaders are selected each year to serve shoulder to shoulder with our campaign co-chairs. The leadership team is vital to the success of the

United Way Community Campaign, which in turn is vital to address the full spectrum of health and human service needs in our community.

Campaign Leadership Team members are the face and voice of the United Way during the campaign. In addition to doing something great for their community, team members get professional development training including management, leadership, and organizational skills. They also network through meetings with community leaders. These meetings center on the benefits of hosting an internal United Way Campaign. These benefits include:

Get to know your Community. A United Way campaign not only provides a means for employees to give, but an

See LOOKING, Page 3



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UNITED WAY OF CENTRAL MISSOURI FOUNDATION



Phil Freeman, Foundation Board President

Several months ago our generous community once again rallied around the United Way of Cen-

tral Missouri enabling us to exceed the \$1.75 million campaign goal. Campaign revenues address current needs right here at home, such as hunger, homelessness and despair. These funds provide critical immediate resources to support United Way's 27 partner agencies, initiatives and programs that strengthen and sustain families, respond to crisis, help youth succeed, support the aging, improve

health, and promote self-sufficiency.

But what about the future? How do we ensure our community remains healthy and strong for the long term? The answer is the United Way of Central Missouri Foundation. Established in 2003, the Foundation was created to provide a safety net in the event of a catastrophic or unforeseen event here at home—and to ensure the United Way

of Central Missouri remains a vibrant resource in our community for future generations. The intent was to develop a permanent, sustainable avenue of support for the future of the United Way through gifts, bequests and planned giving. The United Way of Central Missouri Foundation is a separate 501(c) (3) with the same high standards of fiscal accountability and good stewardship as United Way of

Central Missouri; and is governed by a nine member Board of Directors. Planned giving and endowment development support and sustain the ability of United Way to carry out its mission by forging partnership with donors and building a permanent pool of community resources.

Please consider a bequest to the United Way of Central Missouri Foundation when discussing estate plans

with your financial advisor or estate attorney. A planned gift will enrich the future quality of life for family, friends, and our community. One-time gifts are also an excellent way to honor a friend or loved one's birthday, anniversary, or retirement. A gift to the United Way of Central Missouri Foundation is a legacy to be proud of and a gift that blesses others in our community today and beyond.

UNITED WAY AT WORK

You know them as a loan officer at Jefferson Bank, a supervisor at Ameren Missouri, or a HR Assistant at Modine Manufacturing. But at United Way they are known as the United Way at Work team that rally their coworkers to roll up their sleeves and provide the enthusiasm and volunteer power to affect positive change. You can find them ringing the Salvation Army bells in December, hosting a party for individuals with disabilities, or collecting food and personal care items for families in need.

United Way at Work is one of the programs within the communication committees of the

United Way of Central Missouri. It has been a long standing program for over twenty years. The program is designed to form partnerships with management, employee groups and health & human service agencies.

Thirteen area businesses participate in the program including Central Bank, City of Jefferson, Lincoln University, Scholastic, SSM Health - St. Mary's Hospital, Jefferson Bank, Providence Bank, Modine Manufacturing, Mediacom, Target, Ameren Missouri, Mid America Bank and JCMG. Company representatives meet monthly to plan a minimum of four projects a year to

benefit our community through the work of one of the 27 United Way partner agencies, initiatives or programs. In addition, the monthly meetings include agency tours and speakers.

Over the years, projects include a wide array of opportunities for volunteers. Some projects include collections of various items such as food, coats and blankets. "Modine has always supported our community, and this committee is one way of doing this. One project we assist with is helping set up books for the ABLE book sale each March," says Rick Cox, HR Assistant, Modine Manufacturing. "Also, each year at Modine we collect food and blankets for the Salvation Army during Christmas and help raise money for Big Brothers Big Sisters."

The current project the committee worked on is a "Community Baby Shower" for moms in need. The group collected baby items and hosted a baby shower on May 5, just in time for Mother's Day. "We believe it was a huge success and the moms had a lot of fun and received some nice gifts", said Theresa Verslues, Vice President of United Way of Central Missouri. "We hope to make this an annual event and help additional new moms in the



Committee members, Leslie Kerns, Pregnancy Help Center; Lorna Cockrum, Community Health Center; Jennifer Adams, Jefferson Bank; and Judy Farnam, Ameren Missouri.

future".

This summer the committee will work with the Summer Food 4 Kids program and Days of Caring. Summer meals for kids bridge the lunch gap when school is out. Parents of children who qualify for free and reduced-price lunches during the school year face a dilemma over the summer break: how to keep hungry, growing kids fed. The Summer Food 4 Kids program provides snack lunches to

kids during the summer. Volunteers prepare the lunches and deliver sack lunches to hungry children five days a week until school starts in August. "I joined with other City of Jefferson employees to participate in delivering sack lunch meals to low income children during the summer," said Kay Stuefer, Administrative Assistant, City of Jefferson. "That was a rewarding and fun experience!"

Days of Caring are

two days of hands on volunteer opportunities for businesses and individuals to get involved and provide volunteer services to United Way partner agencies. Last year, United Way mobilized over 300 Days of Caring volunteers.

If your business or organization is interested in becoming a "United Way at Work" business partner, contact Theresa Verslues at theresa.verslues@unitedwaycemo.org or (573) 636-4100.



Rebekkah, expectant mom, enjoys baby shower games

United Way of Central Missouri

205 Alameda Drive
Jefferson City, MO 65109

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573.636.4100

www.unitedwaycemo.org

UPCOMING EVENTS

MAY

- 15th - Boys & Girls Club Trivia Night
- 16th - Pathways Community Health Happy Feet for Healthy Minds 1 Mile/5K
- 28th - Big Brothers Big Sisters Bring Your Own Big Wheel Event
- 30th - 4-H Three Gun Shoot

JUNE

- 5th - Osage County Community Living Golf Tournament
- 15th - Boys & Girls Club Cork, Fork, & Brews
- 16th - Rape and Abuse Crisis Service Walk a Mile in Her Shoes
- 19th - Special Learning Center's NAIFA Golf Tournament
- 24th - Homemaker Health Care 1980's themed fundraiser
- 28th - Big Brothers Big Sisters Bowl for Kid's Sake

For additional information go to www.unitedwaycemo.org



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90 YEARS OF GIVING OVER \$47 MILLION TO OUR COMMUNITY

THEN	1925	1935	1945	1955	1965	1975	1985	1995	2005	2014	NOW
	1925 A.A. Speer, Campaign Chairman, raised \$18,095.	1935 Harry Blackwell, Campaign Chairman, raised \$11,405.	1945 A. Jackson Harty, Campaign Chairman, raised \$53,536 including the War Chest	1955 Sam Cook, Campaign Chairman, raised \$101,473	1965 Walter Vanderlicht, Campaign Chairman, raised \$113,264	1975 Paul McGrath, Campaign Chairman, raised \$212,654	1985 Karen Pletz, Campaign Chairman, raised \$602,010	1995 Dr. Wendell Rayburn, Campaign Chairman, raised \$1,046,000	2005 Bernie Fechtel and Mark Kaiser, Co-Campaign Chairs, raised \$1,516,357	2014 Andy Fechtel and Barb Prasad, Co-Campaign Chairs, raised \$1,802,065	

1924 All Agencies To Share In Chest Fund	1953 YOU'RE NEEDED TO HELP CARRY THE TORCH	1956 GIVE THE UNITED WAY	1964 THREE CHEERS FOR EVERYONE WHO GAVE THE UNITED WAY	1975 IT'S IN YOUR HANDS	1975 Campaign Begins	1984 LIVE UNITED	2014 LIVE UNITED
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90 YEAR PARTNERSHIP STILL STRONG



The American Red Cross chapter of Jefferson City was formed in 1917 and slowly grew to other surrounding communities in subsequent years; Fulton, Mexico and Columbia in 1918, and Moberly in 1919. In those early years, shortly after the end of WWI, the Red Cross' main focus was integrating soldiers back into society.

In June of 1918, the community hosted its first golf tournament at the new Hough Park golf course, and the proceeds benefited the American Red Cross War Fund. The Governor of Missouri, Governor Gardner, drove the first ball to officially open the municipal golf course. Players like Sam B. Cook, Dr. W.A. Clark, Fred Vith, Morris Gordon, Dr. E.E. Mansur and others joined the Governor in playing the first round on the course. Players donated one cent for each stroke and some players expected to donate as high as \$1.50 to complete the tournament. None of the money was used for extravagant trophies, but the funds instead went to the Red

Cross. On May 15, 2015, ninety-seven years later, this tradition continues and the Vogel Insurance Group will sponsor the "Masters of Disaster" golf tournament to benefit the local American Red Cross. The proceeds will help fund the current mission in Jefferson City and surrounding communities. In 1925, the United Way of Central Missouri was formed in Jefferson City, and the American Red Cross was one of the first 4 not-for-profits to partner with the United Way. Over the past 90 years the relationship with the United Way has been instrumental in delivering services to those who have lost their homes to fires, been vic-



tims of floods, needed to communicate with their loved ones serving in the Military and providing lifesaving skills such as CPR, first aid and swim-

ming lessons. The American Red Cross of Central and Northern Missouri has grown in territory over the almost 100 years,

and now serves 29 counties in the central part of Missouri. Their humanitarian efforts remain strong as they stand side-by-side folks facing some of the darkest days of their lives. This mission could not be delivered without the generosity of our donors and the support of the United Way of Central Missouri and this community we serve.

LOOKING Continued from page 1

opportunity to learn about services they, or someone close to them, may need. Because your employees may be benefiting from services provided by United Way funded programs, organizations gain a stronger, healthier work force.

Keep your donations in your community
Since United Way funds are raised and invested locally to create lasting change, the money you and your employees contribute is a direct link to the community, making it a better place to live, work and do business.

Increase employee satisfaction
Employees will grow closer working toward a common goal. United Way can also help plan opportunities for employees to volunteer. Their efforts will make a lasting impact in our community, and working together in a different, yet meaningful

way is teambuilding at its best.

Promote staff and organizational development
Having employees contribute to the leadership of your United Way campaign provides employee growth opportunities and builds teamwork within your organization. It also brings together employees from all levels and departments who might not otherwise have the opportunity to work together, thereby fostering a stronger, more cohesive and more motivated work force.

Demonstrate corporate social responsibility
As a United Way corporate supporter, you show your community your organization cares about our community and are willing to give back to make a difference. Our existing team of United Way Campaign Leadership team members will tell you this

experience is an opportunity to play a critical role in our community-to rally neighbors to look out for one another and help make our community stronger and healthier. The experience begins with an orientation in July. Team members are assigned five to seven businesses to meet at mutually beneficial times during the campaign in September and October. We are looking for a few more good women and men. If you are interested in finding out more about this volunteer opportunity, email ann.bax@unitedwaycemo.org, or 636-4100. Interested applicants should respond no later than May 31 to be considered by a volunteer Selection Committee. We know the need is there. We know we need help. Please consider stepping forward to be part of the team. I can tell you from personal experience you will be glad you did!

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BOARD OF DIRECTOR SPOTLIGHT

Interview with Darla Porter President of Brown Printing

Family

Married to Trent Porter for 27 years. We have six adult children (including the in-laws) and almost four grandchildren. The fourth one will arrive in June.

Profession

I am president of Brown Printing and oversee Human Resources for our four companies. Over the years I have worked with my parents, brother, sister, husband, and all three children.

Years on the Job

I worked at Modern Litho when I was in high school and have been full time since 1996. This

year I moved to our sister company, Brown Printing.

Why Do You Choose to Serve on the United Way Board?

My parents, husband and brother have all been donors for over 25 years and encouraged me to donate and be a volunteer for the organization. My mother and brother were both board members before me. By giving to the United Way I can help children with disabilities, as well as seniors who need a hot meal to stay in their home. I can help children who need some attention after school and a warm meal, as well as women who have been physically and emotionally abused. What would our community be like without those hands extended? In order to

do all those things, we need money and we need volunteers. I have personally been blessed by serving the United Way and I believe our families and employees have as well.

How Would You Describe Yourself in Three Words?

Spiritual, Optimistic, Servant

What is Your Personal Brand?

Excellence. I live by the scripture, "Whatever you do, work at it with all your heart, as working for the Lord, not for man." Colossians 3:23

Most Exciting Thing That Has Happened to You this Year Personally or in Business or both?

I was chosen to serve our business as CEO/Presi-

dent of Brown Printing, followed closely by getting on the green in two shots on a par 4 for the first time.

What is Your Fondest Memory?

In 2008, all three of our children were married to three wonderful people. We had weddings in May in Kansas City, October in Fulton and November in St. Louis. We called it our "Tour of Missouri." I'm not sure how we will ever top that fun!

Tell Us Something Few People Know About You.

I'm a teacher at heart. I was a parent educator for Parents as Teachers and I was the Christian Education Director for our church, First Assembly.

Secret Aspiration?

To be Joyce Myers and teach thousands of women about the love of God.

Favorite Place to Spend a Saturday Afternoon?

Playing golf with my husband.

Heels or Flats?

Heels or golf shoes!



UNITED WAY AND HALO FOUNDATION PARTNER TO SERVE YOUTH IN OUR COMMUNITY



HALO van purchased through United Way grant funding.

The ever-constant unmet health and human service needs of our community are a critical priority of the United Way of Central Missouri. 2015 marks the tenth consecutive year the United Way has extended one-time grant opportunities to 501(c)(3) agencies in the counties we serve to provide funding support to address issues that require immediate attention and action. This one-time grant funding is in addition to the annual support to United Way's 27 partner agencies, initiatives and programs--and is only possible due to the generosity of our central Missouri community.

Ten years and \$791,461 later, more than thirty-six health and human service agencies have received a United Way one-time grant—and many have received multiple grants. In 2014, over \$99,000 was awarded to nine health and human service non-

profit agencies to address current, critical, unmet needs in our community. The HALO Foundation is one such agency. HALO serves at-risk and homeless youth in the Jefferson City area and strives to meet their basic needs by providing housing for those who are without a home or family to care for them.

HALO discovered the homeless youth issue while conducting research in the spring of 2014. Jefferson City teachers, counselors, and the Jefferson City Homeless Liaison shared that there are over 135 homeless youth in our schools. These youth are coming from extremely difficult backgrounds that range from incarcerated or drug addicted parents to abandonment. HALO started a housing program as an emergency response to this shocking situation in June 2014.

"One of the greatest hurdles faced by our

youth is transportation. The youth we serve do not have a stable adult in their lives who is willing or able to bring them to and from school, doctors' appointments, work, or any other place. We may have a very bright youth on our hands who has a great desire to work or go to school but no way of getting there," says Rebecca Welsh, HALO founder.

HALO applied for a United Way of Central Missouri one-time grant to purchase a 15-passenger van to serve hundreds of HALO youth for years to come. "When we received the news that we were awarded the grant, we were absolutely thrilled. The van allows our youth to clear unnecessary hurdles so they may become contributing members of our community. The HALO van has been beyond a blessing for so many youth in need. We are so grateful. One of my favorite van trips was during Christmas last year. A very generous donor provided funding for our 3 homeless teen mothers and their babies to take pictures with Santa and have a special dinner in Columbia. Thanks to the HALO van, the House Mom was able to take all of the teens and babies together. The time the girls were able to spend together was priceless. They sang Christmas carols and had fun just being able to hang out together. They were so excited to

be able to do something that special. It just gave us all a great feeling," Welsh said.

HALO has also partnered with Jefferson City Academic Center to use the HALO van during the school year to transport youth to school who live outside of the bus route and struggle finding a ride to school. Dr. Fisher, principle of the

Academic Center, said that this past semester they were using the van Monday through Friday to pick up students and it really helped increase those struggling student's attendance rate.

We are also so thankful to have the van available for youth who need last minute transportation. "There may be a situation where a young

person needs to visit the doctor or needs a ride to a job interview but has no way of getting there. We are able to help with that now," Benage said.

Thanks to the one time grant opportunity through the United Way of Central Missouri, HALO is able to make a difference in the lives of youth in some of the most difficult situations.

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VOLUNTEER SPOTLIGHT: JEFF RUSSLER



Jeff Russler

Director, Employer Services at Public School and Education Employee Retirement Systems of Missouri (PSRS/PEERS)

Fund Allocation is the first step in the process of determining the goal for each year's campaign. Volunteers review the agencies in the areas of quality programming,

governance, finance and administration and make funding recommendations for the upcoming year to the United Way Board of Directors. Sixty four volunteers serve on one of five fund allocation panels. Each panel reviews 4-6 United Way partner agencies, programs or initiatives.

How long have you volunteered as a Fund Allocation Volunteer or other capacity with United Way?

I actually started as a Fund Allocation volunteer back in the 1990's when my children were daycare age. I served on the panel at the time that worked with Jefferson City Day Care, the Special Learning Center, and Capitol Projects. I had a

sister with Downs Syndrome who attended the organization that became the Special Learning Center, and she worked at Capitol Projects at the time. I have been asked to Co-chair a panel this year, Panel 4, which focuses on agencies that provide self-sufficiency to individuals and senior citizens; after spending several years working on Panel 3 which focuses on youth preventative agencies.

Why do you volunteer for United Way?

The United Way is an outstanding organization that provides value to our community and I want to do what I can to help the organization succeed. I truly enjoy being involved in the community.

What is your favorite part about being a Fund Allocation volunteer?

Meeting with the representatives of each of the organizations and hearing about their progress over the past year, as well as what their goals are for the upcoming year. Just being a small part of all the positive things being accomplished by United Way agencies is a great reward.

What advice would you give someone who wanted to be a Fund Allocation volunteer?

Just ask! It really is a rewarding opportunity.

What other volunteering do you do in our community and



Jeff and his "Little" Donovan

what do you do for fun?

Currently, I am a "Big" brother with Missouri Valley Big Brothers Big Sisters, which I found out about and became interested in through my Fund Allocation panel meetings. I am also a volunteer Board member for the Jefferson City Firefighters Pension Fund, a Board member for the Immaculate Con-

ception Church Endowment Fund and a Board member to Missouri Association of Public Employee Retirement Systems (MAPERS). As far as for fun, I enjoy bicycling, going to the gym, and spending time with my family.

Anything else you would like to add?

Thanks for the opportunity!

RAPE AND ABUSE CRISIS SERVICE 35 YEARS OF "BEING THERE"

There is an old saying: "You can't really understand another person's experience until you've walked a mile in their shoes. On June 16th for the fifth straight year locally and the 15th year nationally, male members of our community will participate in the "Walk a Mile in Her Shoes"

violence, sexual abuse, and stalking in Jefferson City and the surrounding communities. From its humble beginnings in 1980, as a volunteer hotline to its current 36 bed shelter facility, victim advocacy and counseling programs, RACS has been there to provide victims with the kind

ter clients receive help goal-setting, and determining what needs they must address in order to re-establish a life outside of the shelter that will be free of abuse and counseling. Families coming into the shelter can bring their pets with them to be cared for through their Pet Program and the Safe Harbor pet foster program affiliated with RACS.

Counseling services are not only offered to shelter clients but to the community at large where a person can meet with one of RACS counselors and/or attend a Domestic Violence Support Group at the shelter. Additionally a RACS outreach counselor travels throughout the nine counties to meet with clients. RACS victim advocates work with clients in many ways, including accompanying clients to the ER for initial exams, court proceedings, and social service agencies. RACS offers a 24/7 hotline and advocacy services. Callers to the hotline might be looking for emotional support, assistance with immediate crises, or to ask questions about domestic violence, sexual assault, or stalking. Hotline numbers are (573)634-4911 and 1-800-303-0013.

RACS also provides educational presentations to groups, institutions, and schools on subjects including "good" and "bad" touches, healthy vs. unhealthy relationships, date rape prevention, domestic violence, and RACS services.

The overarching goal

of Rape and Abuse Crisis Service is to encourage independence while providing support by striving to rebuild self-esteem and confidence in the clients they serve, and to help them recognize the tremendous strength they already possess that has allowed them to survive the abuse they've endured. We hope to show

them that they, like all of us, deserve to be treated with respect in every relationship.

Imagine Sally and her three children who had to flee another community to escape her abuser, a move that required tremendous courage. When she arrived at RACS, she enrolled her children in school and daycare,

signed up at DFS, Housing, and WIC – all with 3 small children and no transportation except the city bus. After securing a job, she saved her paychecks to pay the first month's rent, and RACS assisted with her deposit, and she was able to move her family into a new

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Dr. Conrad Balcer & Lt. Gary Hill with the Cole County Sheriff's Dept. participate in "Walk a Mile in Her Shoes"

awareness campaign for the thousands of women, children and men locally affected by domestic and sexual abuse. The event is hosted by the Rape and Abuse Crisis Service (RACS) and also raises awareness in our community about the services available for recovery, and that men are willing and able to be courageous partners with women in making the world a safer place.

For the past thirty-five years, RACS has made a difference to the community by providing services in a variety of ways to victims of domestic

of services necessary to carry on with their lives. Last year more than one thousand individuals received direct services including more than 200 women and children who found refuge in the shelter. RACS service area includes 9 counties: Cole, Gasconade, Maries, Miller, Moniteau, Morgan, Osage, Southern Boone, and Southern Callaway. They serve anyone who has been victimized by abuse, regardless of gender, age, or race.

In addition to providing a safe refuge twenty four hours a day, shel-

NATIONAL RED NOSE DAY

Red Nose Day was founded by Jane Tewson and Richard Curtis (writer and director of TV and films including *Four Weddings and a Funeral*, *Notting Hill* and *Love Actually*). Comic Relief UK launched on Christmas Day in 1985 with a live broadcast from a refugee camp in Sudan. It was created out of the firm belief that the

power of mass media and high-profile celebrities can raise awareness of issues of poverty to change and save millions of lives.

Richard Curtis, co-founder of Red Nose Day, said, "For many years, I have dreamt of bringing Red Nose Day to the US, and I am so excited that we have teamed up with

NBC, who will do such a brilliant job on this. Experience has taught me how extraordinarily compassionate and generous Americans can be, and I've lived my life in awe of American comedy talent. So putting those two things together will, I hope, create an amazing event that will really make a massive difference

to the lives of millions of children and their families in the US and in the poorest countries around the world."

United Way is one of twelve organizations celebrating Red Nose Day. Red Nose Day is a campaign dedicated to raising money for children and young people living in poverty by simply having fun

and making people laugh. The inaugural Red Nose Day will be held in the United States on May 21, 2015. People across the country will come together to have fun and raise funds and awareness. We believe in a just world free from poverty and use the power of entertainment to create positive change in the world.

The day's events will culminate in a three-hour entertainment TV special on NBC featuring the country's favorite comedians, musicians and Hollywood stars – it's a show not to be missed!

It's so easy and the opportunities are endless. For more information check out www.rednoseday.org



Gaye Suggett, and Dan Westhues, Former United Way Board Chairs



United Way Staff: Ann Bax, Sarah Schatsiek, Theresa Verslues and Tonya Willig



Campaign Co-Chairs, Barb Prasad and Matt Tollerton

GIVING

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The Huber Pacesetter Campaign has become a favorite time of year for many of our employees. This year's campaign theme was the Wizard of Oz, and the United Way asked all Pacesetters to create a scarecrow to display in front of their business. We're certainly not above poking some fun at ourselves, so David Huber (the mastermind behind this concept) elected to turn Huber's scarecrow into a Nerd, complete with 'Revenge of the Nerds' type glasses and network wires as extremities.

Bryan Stevens, a

Huber systems engineer, commented, "My favorite part of being a Pacesetter Company is the opportunity to contribute to local charities without having to choose between all of the worthy and needy organizations that do such amazing things for our community."

"It has been very rewarding to see our employees' generosity and their commitment to service grow each year," explains HR Director Ken Enloe. "We began with fewer people giving to the United Way; however, when we announced a

dollar-for-dollar company match and started having a kickoff event each year, our staff really responded."

Giving to the United Way is important for many different reasons. It supports those in our community that need it the most, but it positively impacts those who find it in their hearts to give. Huber & Associates is a better place because of the opportunity we've had to work with the United Way, and we would encourage any company or individual looking for an avenue to serve to consider the United Way.

WALK

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a new home. RACS helped her with a few basics of furniture, household items, and food, and reminded her that counseling and other services were always available to her family. She was so happy to be able to move her family into a safe home. We heard from her several weeks later; she said that the kids were thriving and she felt proud of what she'd accomplished. The Rape and Abuse Crisis Service is one of the United Way of Central Missouri's

27 partner agencies, programs and initiatives, and has been a partner since 1984. In addition to the funds provided through the United Way partnership, RACS is dependent on grants, fundraisers, and donations to continue their work. They are pleased to announce their 5th Annual Walk a Mile in Her Shoes BBQ, on June 16 at Memorial Park. The community is invited to enjoy delicious BBQ from 5-8pm, live music, and the opportunity to

participate or watch as courageous men and boys walk a mile in heels of various heights starting at 6:15pm. If you would like more information or to participate as a walker, visit their website www.racsjc.org or call (573) 634-8346.

RACS Walk is a wonderful opportunity for men to show that they're willing and able to stand up and partner with women in making the world a safer place. It's a family-friendly event, and the BBQ is always delicious.



Clinton Harris, M.D.
JCMG Pain Management

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JCMG Welcomes...

Clinton Harris, M.D., comes to JCMG from Des Moines, Iowa where he provided chronic and interventional pain medicine services.

Dr. Harris received his medical degree from the University of Iowa College of Medicine. He completed an internship in general surgery at the University of Texas Health Science Center in San Antonio. His residency in anesthesia and fellowship in pain management were completed at the University of Iowa.

Dr. Harris is board certified by the American Board of Anesthesiology in anesthesiology and pain medicine. He treats chronic pain conditions with a focus on interventional pain medicine.

He and his wife, Dr. Blythe (Bante) Harris, are excited to return to her hometown.

Dr. Harris joins Dr. Karl Haake in JCMG Pain Management.

**To make an appointment with Dr. Harris,
please call 635-JCMG (5264).**