



United Way
of Central Missouri

What your donation provides.....

\$1 a week provides 13 meals to homebound seniors through the Senior Nutrition Council.

\$1 a week provides 2 girls participation in Girl Scouts for one full year to build girls of courage, confidence, and character, who make the world a better place.

\$1 a week pays a family's water bill to keep them from being disconnected through Common Ground.

\$1 a week provides a pair of non-skid shoes for clients who are going into the hospitality industry or nursing field through Dreams to Reality.

\$1 a week provides 2-3 meals consisting of staple foods like rice, beans or pasta in bulk through Catholic Charities Client Choice Food Pantry.

\$2 a week provides five night's lodging and 3 meals a day for a homeless person at The Salvation Army's Center of Hope Emergency Shelter.

\$2 a week will provide one hour of life-changing therapy for a child with disabilities at Special Learning Center.

\$2 a week provides a woman with life-changing resources through the Dare2Dream Mentoring program to break the cycle of poverty for her and her children through Dreams to Reality.

\$3 a week provides 4 pairs of children's shoes through The Sneaker Project.

\$3 a week provides a week's worth of scrubs for a Dreams to Reality client.

\$4 a week provides two shower transfer benches for senior citizens to stay safe in their home through Homemaker Health Care.

\$4 a week helps 10 people get their State ID to help them get a job or into housing through Common Ground.

\$5 a week provides 12 smoke alarms to keep families safe from house fires through the American Red Cross Heart of Missouri Chapter.

\$5 a week will fund an adaptive family event for 50 children with disabilities at Special Learning Center.

\$5 a week empowers an Army Veteran to transition into the civilian workforce by giving her a new wardrobe through Dreams to Reality.

\$5 a week provides a week's worth of snacks for a child through Catholic Charities Client Choice Food Pantry.

\$7 a week will train a new Court Appointed Special Advocate (CASA) to be the eyes and the ears of the court for a child who has suffered abuse and neglect.

\$9 a week provides 3 youth to begin a lifetime of adventure with friends and character development through scouting.

\$10 a week provides 7 nights stay or 43 meals for adults and children affected by domestic violence through Rape & Abuse Crisis Service.

\$10 a week can provide 30-40 meals through Catholic Charities Client Choice Food Pantry.

\$10 a week will support the COPE program that helps students with decision-making regarding situations about peers, drugs and suicide through Council for Drug Free Youth.

\$10 a week provides 10 nursing students from Nichols Career Center with two sets of scrubs each through Dreams to Reality.

\$12 a week provides emergency food and clothing to an individual who has lost her home due to a fire through the American Red Cross Heart of Missouri Chapter.

\$15 a week provides a Dreams to Reality client with a computer so that she and her children can achieve educational & career goals.

\$20 a week would provide 1 month of infant/toddler care, or 6 weeks of two year care, at the Jefferson City Area YMCA Child Development Center.

\$20 a week supports a job for one adult with disabilities at Capitol Projects for 3 months.

\$20 a week impacts a client's children who now witness their mother going to work every day, becoming economically independent as the sole provider for her family through Dreams to Reality.

\$25 a week supports a mentorship for a child with an incarcerated parent for an entire year through Big Brothers Big Sisters of Jefferson City.

\$12 a month provides 1 wheelchair for an elderly person to stay safe in their home thanks to Homemaker Health Care.

\$50 a month will purchase supplies for one special education classroom for an entire semester at Special Learning Center.